**RECOVERY CLINICS IN FIFE AND MOBILE HARM REDUCTION UNIT ACCESS POINTS IN FIFE – JUNE 2015**

***Anyone wishing help for their alcohol and/or drug problem may attend any of the Open Access Recovery Clinics or mobile unit sessions listed below:***

\*Please arrive at Drop-Ins in time to allow for 30 mins to complete triage or BBV testing

**ADAPT** – Direct Access service aimed at General Population for anyone affected by alcohol and drugs including legal highs and medications.

Drop in service offers advice, information, assessment, brief intervention and signposting. Home visits/assessments should be arranged through ADAPT. Telephone: 01592 321 321

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| **MONDAY** |
| **Kirkcaldy** | **FASS Office, Tolbooth Street, KY1 1RW** | **ADAPT** | **10.00am - 12.00pm** |
| **Kirkcaldy** | **Interview Room 2, Phase 3 (Main) Reception - Victoria Hospital, Hayfield Road, Kirkcaldy, KY2 5AH**  | **ADAPT** | **1.30pm – 4.00pm** |
| **Dunfermline** | **Clinic 6, Queen Margaret Hospital, Whitefield Road, Dunfermline Fife KY12 0SU**  | **ADAPT** | **5.00pm – 8.00pm**  |
| **TUESDAY** |
| **Lochgelly** | **Consulting Room A, Lochgelly Health Centre, David Street, Lochgelly, KY5 9QZ**  | **ADAPT**  | **1.30pm – 3.30pm**  |
| **WEDNESDAY** |
| **Cowdenbeath**  | **Cowdenbeath Clinic, 80 Rowan Terrace, KY4 9JQ**  | **ADAPT** | **10.00am – 12.00pm** |
| **Glenrothes** | **Glenrothes YMCA, North Street, Glenrothes, KY7 5PP –**  | **ADAPT** | **2.00pm – 4.00pm** |
| **St. Andrews** | **Health Promotion Room 2, (Minor Injuries) St. Andrews Community Hospital, Largo Road, St. Andrews, KY16 8AR**  | **ADAPT** | **10.00am – 12.00pm**  |
| **THURSDAY** |
| **Leven** | **The Centre ( Leven Community Centre), Commercial Road, Leven KY8 4QW**  | **ADAPT** | **9.30am – 12.00pm** |
| **Kirkcaldy** | **Linton Lane Centre, Linton Lane, Kirkcaldy, KY2 6LF**  | **ADAPT** | **1.00pm – 3.00pm** |
| **FRIDAY** |
| **Dunfermline**  | **24 Canmore St, Dunfermline (access at back of building through car park)** | **ADAPT** | **10.00am – 12.30pm****1.30pm - 4.00pm** |

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**Addaction –** Harm Reduction Service including Needle Exchange, Dry Blood Spot Testing, Wound Care, Overdose Intervention, Naloxone Supply and Assessment.

Freephone: 0800 9179211 Telephone: 01592 619 090

Email: fife@addaction.org.uk

**FIRST–** Fife Wide Community Rehabilitation (Drop in Service Offers access to Treatment for people with Substance Issues)

**Telephone: 01592 585 960**

Additional assessment in St. Andrews can be arranged with FIRST **– 01592 585 960**

**Email:** **enquiries@firstforfife.co.uk**

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| **MONDAY** |
| **Methil**  | **Sailors Rest, 230 High Street, Lower Methil KY8 3EF** | **Addaction** | **1.00pm - 3.00pm** |
| **Dunfermline** | **24 Canmore Street, Dunfermline KY12 7NT** | **Addaction** |  **10.00am – 12.00pm****1.30pm – 4.30pm** |
| **TUESDAY** |
| **Crosshill** | **Mobile Harm Reduction Unit****Crosshill Community Centre, Inchgall Avenue KY5 8AX** | **Addaction** | **12.30pm – 1.30pm** |
| **Glenrothes** | **8 Hanover Court, Glenrothes, KY7 5SD** | **Addaction** | **1.00pm - 3.00pm** |
| **Ballingry** | **Mobile Harm Reduction Unit****Bus Turning Circle, Ballingry Road** | **Addaction** | **2.00pm – 2.45pm** |
| **Lochgelly** | **Mobile Harm Reduction Unit****Lochgelly Health Centre, David Street, Lochgelly** | **Addaction** | **3.00pm – 4.00pm** |
| **WEDNESDAY** |
| **Methil** | **Sailors Rest, 230 High Street, Lower Methil, KY8 3EF** | **Addaction** | **1.00pm - 3.00pm** |
| **Dunfermline** | **24 Canmore Street, Dunfermline KY12 7NT** | **Addaction** | **10.00am – 12.00pm** **1.30pm – 4.30pm** |
| **Kirkcaldy** | **3 South Fergus Place, Kirkcaldy, KY1 1YA** | **FIRST** | **10.00am - 12.00pm** |
| **THURSDAY** |
| **Glenrothes** | **8 Hanover Court, Glenrothes, KY7 5SD** | **Addaction** | **1.00pm – 3.00pm** |
| **Kirkcaldy** | **Mobile Harm Reduction Unit****Stocks Car Park, Links Street, KY1 1SG** | **Addaction** | **1.00pm - 2.00pm**  |
| **Mobile Harm Reduction Unit****Alford Avenue by Templehall Local Office** | **Addaction** | **2.15pm -3.00pm**  |
| **Kirkcaldy** | **Mobile Harm Reduction Unit****St Clair Street behind St Clair Pharmacy, KY2 6QL** | **Addaction** | **3.30pm – 4.15pm**  |
| **FRIDAY** |
| **Methil**  | **Sailors Rest, 230 High Street, Lower Methil, KY8 3EF** | **Addaction** | **1.00pm - 3.00pm** |
| **Dunfermline** | **24 Canmore Street, Dunfermline KY12 7NT** | **Addaction** | **10.00am – 12.00pm****1.30pm – 4.30pm** |